

# THREDBO

## *Mountain* GUIDE



## WELCOME TO THE BEST SKI AREA IN THE SOUTHERN HEMISPHERE

Over the last eight years Thredbo has invested a staggering \$68 million in developing one of the best ski areas in the Southern Hemisphere. This money has been invested where it counts for skiers, in on-mountain facilities.

Recent years have seen the construction of several new high-speed quad chairlifts along with the development and grooming of new runs, plus the installation of a massive snowmaking system.

Over the next twelve months Thredbo will invest over \$8 million on developments within the Village. This includes; the extension and renovation of Drovers Rest Restaurant, Thredboland and Thredbo Sports Ski Hire all located at Friday Flat. As well there is the redevelopment of Mowamba Place into a pedestrian mall.

With the Sydney Olympics around the corner, the Australian Sports Commission and Kosciuszko Thredbo have joined together to establish the AIS accredited Thredbo Alpine Training Centre.

The new Thredbo Alpine Training Centre (proposed to be opened in October 1996) has come at a perfect time to provide Australia and the world with an ideal alpine training camp environment.

## WHY SKI THREDBO?

Because Thredbo offers the most enjoyable, hassle-free skiing for beginners and experts alike. It is undoubtedly the prettiest Alpine Village in Australia with a warm friendly atmosphere. It also offers the highest skiing and the longest runs anywhere in Australia. (5.7kms from Karels T-Bar to Friday Flat.) The total vertical drop of 672 metres.

With all that in mind, why ski anywhere else?



## SKI HOSTS

You never have to ski alone in Thredbo. Ski Hosts are available to show you the most exciting areas to ski on the mountain.

Our hosts are Snowy Mountains locals, who give up their free time to ensure you discover the undiscovered.

Ski Hosts are available twice a day, at the Friday Flat Ski School meeting area, Monday to Friday, at 10am and 1pm. These free, guided tours last two hours (all participants must have a valid lift pass).

## LIFTS

Lifts will start to open at 8.30am for access to the mountain with the last lift closing at 4.30pm. (Opening and closing times are dependent on weather and snow conditions.)

Lift Name	Lift Type	Length (m)	Vertical Rise (m)	Vertical T/port (m/hr (VTM) (000)
Crackenback - Mid	Detach. Quad	1860	560 336	1,568.0
Gunbarrel	Detach. Quad	1679	426	1,190.0
Cruiser	Detach. Quad	1000	214	513.6
Easy Does It	Quad C'lift	448	49	98.0
Snowgums	Double C'lift	1735	472	566.4
- Lovers Leap			344	
- Bunny Walk			215	
Merritts	Double C'lift	1350	299	195.0
Ramshead	Double C'lift	1770	480	295.2
- Tower 10			365	
Basin	T-Bar	650	145	145.0
Karels	T-Bar	464	83	66.4
Antons	T-Bar	800	230	277.4
Sponars	T-Bar	942	260	364.0
Easy Rider	T-Bar	275	65	32.5

## THREDBO SKI SCHOOL

Thredbo Ski School Director, Brad Spalding has many exciting and innovative teaching methods to ensure that everyone will learn faster and ski smarter.

His teaching philosophy is "think it, feel it, do it", using sports psychology methods to shortcut the learning process.

You think it, you feel it happening, then you actually do it. Your rate of improvement is exhilarating. Visit the Ski School offices now and ask for more details on their full range of programmes.

## FOR NEW SKIERS

Thredbo has always taken special care of new skiers, within a purpose-built new skiers area at Friday Flat. Friday Flat is Australia's best new skiers area with a specially prepared constant gradient that's not too steep, along with an easy-on, easy-off quad chair "Easy Does It".

Now, with the addition of the "Cruiser" quad chairlift, new skiers at Thredbo will be able to progress to an intermediate standard without ever having to encounter a T-Bar.

## THREDBOLAND

Friday Flat also has a newly expanded and specially designed facility for children aged 3 to 14 years called Thredboland.

Thredboland provides each child with up to 6 hours of expert tuition, on-mountain and in a Terrain Garden at Friday Flat, plus a host of fun events and activities. Lunch and drinks are included for the children so mum and dad get a well-deserved break to enjoy their skiing too. Bookings for Thredboland can be made on (064) 59 4170.

## THREDBO SPORTS SKI HIRE

Located at Friday Flat, Thredbo Sports offers a wide range of modern, well-maintained skis, boots, poles and clothing for hire. Hire rates are competitive, and if you experience any difficulty with your equipment it can be easily rectified on the spot. Thredbo Sports also stocks a full range of ski accessories like gloves, hats, resort clothing and goggles. Ski repairs and ski minding are also available.

## THREDBO SKI SCHOOL SPECIAL PROGRAMMES

TELEPHONE (064) 59 4168

## THREDBO WOMEN'S PROGRAMME

Thredbo Ski School is sensitive to women's different skiing needs. Our 3 or 5 day programmes offer groups of women an opportunity to improve their skiing in a supportive and productive all female environment.

Our instructors are selected from the most experienced and enthusiastic female members of the Thredbo Ski School.

If you want to feel good on skis and develop your skills why not attend one of these worthwhile programmes?

### FEATURES OF THE WOMEN'S PROGRAMME

- 5 hours of skiing and tuition per day • video analysis with individual assessment • wine and cheese welcoming.

## SLAP - SKI LIKE A PROFESSIONAL

SLAP training programmes have been running for many years in Austria in conjunction with the Austrian Government Ski Academy Bundessportheim. Thredbo has been chosen as the Southern Hemisphere training ground for this specialised intensive programme. Positions have been organised so that participants in the Thredbo programme can continue their instructor training in Europe during the 1997 northern winter.

### FEATURES OF THE SLAP PROGRAMME

- video analysis • 5 hours of skiing and tuition per day • appropriate ski pass • end of programme banquet.

## BREAKTHROUGH ON SKIS

BRAND NEW for 1996. This 5 day programme is designed for skiers who feel they have "plateaued". Groups will spend 5 hours a day with an instructor improving all their skills.

## UP-TO-DATE SNOW REPORTS

A regularly updated, recorded telephone information service, the Thredbo News operates all year round on a nationwide number.

Just ring 0055 34320. Call cost 25c per 21.4 seconds.

## THREDBO CLUB

Introduced in 1988, the Thredbo Club offers a fantastic range of skiing and leisure-related privileges. This year skiers will receive \$10 off the cost of an adult day pass and discounts on Greater Union cinema tickets, huge savings through Rydges Hotels.

Ask at the ski pass office about joining the Thredbo Club or apply by calling 1800 020 589.



Information presented is correct at the time of printing. However, Kosciuszko Thredbo Pty Ltd ACN 000 139 015 reserves the right to change at any time without notice, specifications of activities or any other information without incurring obligation. Kosciuszko Thredbo Pty Ltd, PO Box 92, Thredbo Alpine Village, NSW 2625. Telephone (064) 59 4100. Fax (064) 59 4101. Thredbo Alpine Village is in the Kosciuszko National Park. Information current for 1996.

## SKIER/SNOWBOARDER SAFETY

### RESPONSIBILITY CODE: "RULES OF THE MOUNTAIN"

Skiing can be enjoyed in many ways. At ski areas you may see people using alpine, snowboard, telemark, cross country or other specialised ski equipment, such as that used by disabled or other skiers. Regardless of how you decide to enjoy the slopes, always show courtesy to others and be aware that there are elements of risk in skiing that common sense and personal awareness can help reduce. Observe the code listed below and share with other skiers the responsibility for a great experience.

1. Always stay in control and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail, or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

Skiers and Snowboarders found skiing/snowboarding out of control and/or behaving recklessly will have their tickets confiscated.

#### CONDITIONS FOR SKIING ON THE MOUNTAIN:

All skiers must ski in a safe manner and stop upon request by Kosciusko Thredbo Pty Ltd personnel.

Skiing is a hazardous activity, therefore skiers ski at their own risk. **"Skier" means all skiers and snowboarders.**

## TRAIL SIGNS

You'll find the trail signs below at various places on the mountain. We don't put them there for fun, we put them there for your safety and protection. Please take note of them and obey them, particularly the "Trail Closed" and "Area Boundary" signs.

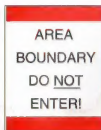
**The trail signs used at Thredbo are the standard trail marking system used internationally. The symbols and colours indicate the relative difficulty of each trail.**

**Bear in mind that this is relative difficulty only, and applies to the area in which the sign is found.**

For example, a blue "more difficult" or black "most difficult" trail near Ramshead Chairlift may well be steeper than trails with the same markings at other parts of Thredbo or in other resorts.

The signs are a guide only. The most sensible path to follow is never take anything for granted. If you don't know a trail, treat it with caution.

#### TRAIL SIGN SYMBOLS



## A FEW TIPS ON SAFETY AND EQUIPMENT

### WHAT CLOTHES SHOULD YOU WEAR?

Never judge weather conditions on the mountain by what you can see in the Village. Remember, mountain weather can change quickly. It's better to overdress – after all, you can always take something off. With that in mind, try to wear several thin layers of clothing, rather than one thick layer.

Hats are important. Your body loses a major part of its heat through the head. If you're cold, put one on. If you're over-heating, take it off. Just make sure you always have one with you.

If it's raining, or the snow is wet, wear waterproof clothing.

You should always have with you a hat, goggles or sunglasses, gloves and sunscreen.

### WATCH OUT FOR HYPOTHERMIA

That's when a person loses so much body heat that they lose the ability to rewarm themselves. The body's "stored energy" has been expended, leaving nothing to maintain body temperature at a safe level. Hypothermia is a result of cold weather conditions and high physical exertion. It can be dangerous. If you, or one of your party, begin showing symptoms, get in out of the cold, quickly.

Symptoms: Violent shivering, loss of co-ordination, garbled speech, disorientation, tiredness and lethargy.

### DIFFICULT CONDITIONS

**WHITE OUTS:** During snowstorms or high winds, visibility may suddenly be reduced drastically. The severe diffusion of light makes it hard to distinguish ground detail.

Ski slowly and beware of sudden drops or wind rolls.

If possible, ski near trees, as they will provide shelter and cast enough shadow to improve visibility.

**WET CONDITIONS:** Despite what a lot of people say, you can ski in the rain. Just make sure you have wet weather gear with you and remember one thing, plastic rainwear slides easily on snow. So be careful!

## ON-MOUNTAIN FACILITIES

### KEY

Toilets	Courtesy Tools	Chairlift Mid-Station
Information	Ski Patrol	Ski and Boot Lockers
Food Outlets	Parking	Shuttle Bus
Ski Pass Office Ski School	Public Phone	Ski Hire

## ON-MOUNTAIN FACILITIES

### SUMMARY

Valley Terminal Base

Friday Flat Base

Crackenback Ski Area   
(Served by Crackenback, Snowgums and Ramshead Chairlifts and Basin and Karels T-Bars)

Central Spur Ski Area   
(Served by Sponars and Antons T-Bars)

Merritts Ski Area   
(Served by the Cruiser, Gunbarrel and Merritts Chairlifts and Easy Rider T-Bar)

**LOST AND FOUND:** Check at the Information Hut, Valley Terminal, Friday Flat or with the nearest ski-lift attendant.

**CREDIT CARDS:** The following major credit cards are welcomed: American Express, MasterCard, Bankcard, Visa. Handyway/EFTPOS cash advances are available at Thredbo Ski Pass locations between 8am and 5pm. After 5pm at the Thredbo Alpine Hotel.

# AUSTRALIA'S HIGHEST LIFTED POINT

## TRAIL MAP • INFORMATION

Skiable terrain	175 hectares
Lifts	3 detachable quad chairlifts 1 quad chairlift 3 double chairlifts 5 T-bars

Vertical drop	672 metres
Longest run	5.7km Village Trail
Highest lifted point	2,037m top station of Karels T-bar
Lift capacity (persons) per/hr	18,000
Vertical transport metres per/hr	5,370,000
Snowmaking capabilities	60 hectares (34% of skiable terrain)

## THREDBO ALPINE VILLAGE, AUSTRALIA

—	FIRST TIMERS
—	EASIEST
—	MORE DIFFICULT
—	MOST DIFFICULT
—	SUPERTRAIL
—	OUT OF SOUNDS

## Trail Signs

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Karels T-Bar, Thredbo's and Australia's highest lifted point.

2037m	Perisher's highest lifted point.
2034m	Blue Cow's highest lifted point
1980m	Guthega's highest lifted point
1932m	

1680m	Perisher Base Elevation
1667m	
1630m	Guthega Base Elevation
1600m	Blue Cow Base Elevation

Thredbo Alpine Village Friday Flat